



**Jennifer Jones**  
*RI President*



**Ashok Kantoor**  
*District Governor*



**Vikas Dhingra**  
*President*



**J.M. Singh**  
*Club Secretary*



**PP Rtn Subhash Dewan**  
*Editor*



## Editorial



**Rtn Geetika Jhamb**  
*Co-Editor*

Dear Friends in Rotary,

Folks, September reminds us of nostalgic instrumental in western movie of "Come September", of yester years! Well I had to catch up with club events of this month, since I was in US & Canada this past whole month of much needed vacation. In my two extensive visits to the USA, I have observed what a great author had written in a book, "I saw America singing". It was his writing in 20th century, how people given power & facilities by the state worked hard with focus in their fields and brought up USA, to a point, where it is the richest and the strongest nation of the world. Now a time has come when we Indians have found a direction, (after our state wasting many valuable years in socialism), opened at last, in late 1990s with liberal economy, aiming now to 3 trillion economy. Time has come for "Rise & Shine".

Moving on to the Clubs events in the month of September, unseasonal torrential rains could not dampen the spirits of our club's youthful leadership, as during a very important Speaker Meeting on Cancer, one learned doctor advised members for "3 Rule check" for any bodily changes that persist for more than 3 weeks.

Ganesh Chaturthi was the festival, though initially initiated, with political colours to unite masses in Maharashtra by our freedom fighter Bal Gangadhar Tilak, and is now most popular festival in the state of Maharashtra & Karnataka. Now over the years it is celebrated all over India, in the same spirit. Our club for the first time celebrated it like nowhere in total abundance, by ladies of the club in colour and festivities.

I would also like to commend the ladies of our club for their contribution to this newsletter. Hope to see many more sharing their articles with all the club members.

First Lady R.I. President, Jennifer Jones says, "Imagine, a world that deserves our best, where we get up each morning, knowing that we can make a difference", (in the lives of have-knots). We at RCDSW, keep doing whatever we can, in charity, donations and in service projects, towards this imagination.

With warm regards,

**PP Rtn. Subhash Dewan & Rtn Geetika Jhamb**

Editors: REFLECTIONS

## Ganpati Utsav

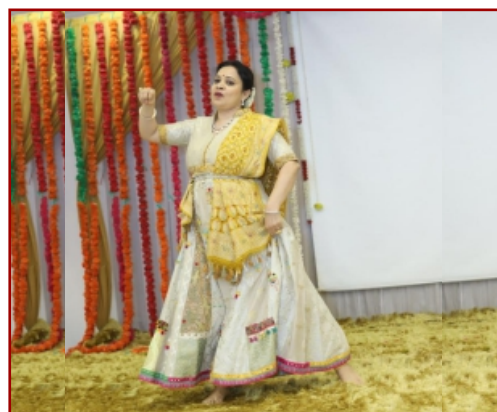
As we all know, each new activity or pooja is started by first worshipping and offering reverences to the holy God, Lord Ganesh, the month of September commenced with invoking the blessings of Lord Ganpati as we welcomed him together at the Ganpati Utsav celebrations.

The ladies were dressed up in bold coloured sarees, flaunting their naths and the men uniformly wore kurta pyjamas, a stole and a Marathi cap. Everybody enjoyed Maharashtrian street food-gol gappas and bhel, all of which was devoured in minutes of being served. As all members, new and old got engrossed in festive cheer, it was time to understand more about Lord Ganesh and so a quiz was held. It was a good opportunity for all to learn more about the Vighnaharta. In between the quiz questions the audience got to see some remarkable performances, the first one being a Kathak dance performance by R'Ann Anita Aggarwal who mesmerised us by her synchronised hand and foot movements. The kids put a beautiful dance performance too. Lord Ganpati was offered prasad of Chappan Bhog and then finally we bid adieu to him with heavy hearts. While it was a sober get together, people were still high, high in spirits and keen to welcome Ganesha for one more time next year. Ganapati Bappa Morya, agle bars tu jaldi aa.

The event also saw the pinning of 3 new members, namely: Dr. Pushpinder Narayan Singh & Dr. Pooja Rana; Mr. Ajay Gupta and Mrs. Manju Gupta and Mr. Deepak Gupta & Mrs. Poonam Gupta.













## We care to HELP !

### Gift of Tables

Along with other clubs, our club gifted ten tables for class teachers at Nigam Pratibha Vidyalaya, Masoodpur, Vasant Kunj.

### Donations in Cash for a Child needing Speech Therapy

Club members pooled in resources to help a 5 year old poor child who needed regular speech therapy for at least a year. Master Ansh's father is a security guard and cannot afford the treatment expenses.





## Mammography Camp & Sanitary Napkin distribution

In association with RWA-LN3, our club organised two free mammogram check-up camps for the ladies of LN3, and also for the underprivileged women. In yet another community service event, sanitary napkins and food packets were distributed for free to around 120 house helps working in Lajpat Nagar-3.





## Speaker Meet- Cancer Prevention, Symptoms and its Treatment

Dr. Jamal K Khan, a renowned Doctor was invited by our club to talk about Cancer Prevention and its Treatment. In spite of heavy downpour on the day of the meeting, club members still attended the event. The key takeaways for the meeting were on how to detect cancer early. Follow the **3 Week Rule** to identify its symptoms. These have been detailed below for the convenience of all members.

- **Cancer la-ilaj nahin hai.** 80% of patients in their early stages of cancer survive provided it is detected early
- If you notice any symptom which persists in your body and does not recover for 3 weeks, it needs to be tested for cancer
- Do not hesitate to spend on tests





## Thanksgiving cum Installation Ceremony of Rotaract Club of Sri Aurobindo College

Our club sponsored the Thanksgiving cum Installation Ceremony of the Rotaract Club of Sri Aurobindo College on 24<sup>th</sup> September at Country Inn, Gurgaon. The club President, Secretary and other members joined in the celebrations to keep the young members motivated and focussed on their goals of community service.









## Installation of the Interact Club of St. Cecilia School, Vikas Puri

Our club sponsors, mentors and guides interactors as they carry out projects and develop leadership skills. Installation of once such club was done at St. Cecilia School, Vikas Puri under the leadership of Interact Chairperson Rtn. Rashmi Bansal who spoke on the relevance of being rooted, disciplined and also stardom as the children of the school performed like stars.









## Maa ki Rasoi

On the occasion of Sarv Pitru Amavasya, Maa ki Rasoi was held at Shri Narayan Mandir, Defence Colony where 800 underprivileged were fed Rajma chawal and halva.



Rotary District 3011 | IMAGINE ROTARY RI Theme 2022-23

**Rotary Club of Delhi South West**  
Organising Camp

**MAA KI RASOI**  
Food to underprivileged people  
on Sunday, 25th September, 2022  
from: 12.30 pm onwards

Venue:  
Shri Narayan Mandir,  
Defence Colony, Near Red Light,  
Kotla Mubarakpur, New Delhi-110003

Members are requested to attend  
**Google Location**  
map link will be forwarded  
for your convenience to join





## Luv Kush Ramleela @ the Red Fort-A trip down the memory lane

As they say, well begun is half done, and RCDSW does not believe in leaving things mid-way, so the PST team along with the special support of Rtn. Vinod Bansal arranged for a visit to Ram Leela Maidan for watching Ramleela as the final event as September came to a close. Rtn. Mr. Vinod Bansal approached Mr. Arjun Kumar, President of the Luv Kush Ramleela Committee for making special arrangements for the members of our club not only to see the Ram Leela sitting in the VIP section and also provisioned for special Dilli 6 chaat followed by dinner. Mr. Arjun Kumar readily consented for this and ensured that all guests were attended to properly.

We all loved watching Ramleela as it reminded us all of our younger days when how much of a craze Ramleela used to be before Dussehra. It was perhaps the only live event we ever watched. The excitement started to build up way in advance. Not just us, our parents were equally excited too! It did what our school textbooks couldn't – it made Ramayana interesting. There is no way we could have known so much about Hindu Gods by heart, had it not been for the Ram Leelas. It presented itself in such an interesting way; we didn't mind watching the same show every year! It was so enthralling to see people from your own locality portray such larger than life characters on stage. No, actually, it was rather hilarious, for some of them almost always forgot their dialogues on stage and the audience reacted with the most hilarious comments and insults ever! Now, that was definitely more entertaining than the Ram Leela itself. Those blistering speakers, the dialogues still thrilled us, no matter how loud they may have been! Ram Leela ended with Vijaya Dashami but the fun surely did not. There was always room for your favourite ice-cream in the end! Now that we're all grown up, err grown old, we realise that Indian festivals are not only a great time to hang out with your friends, they are ideal for reminiscing our good old days.

### How did Ramleela Maidan get its name?

The Ramleela Maidan was created in the early 1930s as a ground to host the annual Ram Leela, a performance that depicts the epic of Ramayana, where the legendary king Rama defeats the evil king Ravana and saves his wife, Sita. Rama's victory over Ravana is celebrated as Dussehra, part of the larger Navratri festival. In the 1800s, Hindu soldiers serving in the army of the later Mughals would host the Ramleela at the Yamuna River floodplains behind the Red Fort. Today, the Ramleela Maidan hosts the same historic celebration, a sight to behold, near the historic Delhi Gate of the old city. Once a pond before being reclaimed as a public ground, the Ramleela Maidan still has a small pond within its premises as a symbol of its history.















## August Quiz Questions & Answers

- 1) Which was the first event held in the month of August?

Ans-Blood Donation Camp

- 2) What is the name of the newest club member for whom pinning ceremony was done during the Friendship Day celebrations?

Ans-Rtn. Vijay Bansal

- 3) Who took the initiative in bringing out the club's magazine?

Ans-PP Rtn. Shashi Verma

- 4) Name the rotarian who performed twice on the stage during the Friendship Day celebrations?

Ans-Rtn. Ranjan Chopra

- 5) Who was the Master of Ceremonies (MOC) for the evening during Friendship Day Celebrations?

Ans-Rtn. Ved Chandna

- 6) Name the Youth Services Director of our Club

Ans- Rtn. Lokesh Gupta

- 7) When and where was the first match between India-Pakistan held?

Ans-1952

- 8) How many people were fed at Maa ki Rasoi camp at Kalkaji?

Ans-More than 900

- 9) How many Community Service events were held by our club in August? Name them.

3-Blood donation, Maa ki Rasoi, Eye check up

- 10) During the Mussorie trip, spouses of PST team performed on a song in the lobby of Green Room. Mention the song on which the act was performed.

Ans-Sauga Sauga

**Winning entries received from  
R'Ann Sunita Gupta & R'Ann Anju Jalan**



## September Quiz Questions

2 early birds sending in 100% correct answers shall be recognised & rewarded

- 1) Name the speaker who spoke about Cancer Prevention, its symptoms, and treatment
- 2) Give the name of the Ramleela organizing committee which showcased the Ramleela which we all went to see.
- 3) Find out and write down the name of any one child who performed on stage on Ganpati Utsav.
- 4) Name two interact clubs mentioned in this newsletter.
- 5) Mention the venue where Maa ki Rasoi was held in September.

## Express Yourself

*Creativity is inside you. Express yourself.*

*We have beautiful literary pieces penned down by our Rotary family. Enjoy these pieces of creativity.*

## You are Unique! By Rtn. MANI BAJAJ

Think what a remarkable, unduplicatable, and miraculous thing it is to be you! Of all the people who have come and gone on the earth, since the beginning of time, not ONE of them is like YOU!

No one who has ever lived or is to come has had your combination of abilities, talents, appearance, friends, acquaintances, burdens, sorrows, and opportunities.

No one's hair grows exactly the way yours does. No one's fingerprints are like yours. No one has the same combination of secret inside jokes and family expressions that you know.

The few people who laugh at all the same things you do, don't sneeze the way you do. No one prays about the same concerns as you do. No one is loved by the same combination of people that love you – NO ONE! No one before, no one to come. **YOU ARE ABSOLUTELY UNIQUE!**

Enjoy that uniqueness. You do not have to pretend to seem more like someone else. You weren't meant to be like someone else. You do not have to lie to conceal the parts of you that are not like what you see in anyone else.

You were meant to be different. Nowhere ever in all of history will the same things be going on in anyone's mind, soul and spirit as are going on in yours right now.

If you did not exist, there would be a hole in creation, a gap in history, something missing from the plan for humankind.

Treasure your uniqueness. It is a gift given only to you. Enjoy it and share it!

No one can reach out to others in the same way that you can. No one can speak your words. No one can convey your meanings. No one can comfort with your kind of comfort. No one can bring your kind of understanding to another person.

No one can be cheerful and lighthearted and joyous in your way. No one can smile your smile. No one else can bring the whole unique impact of you to another human being.

Share your uniqueness. Let it be free to flow out among your family and friends and people you meet in the rush and clutter of living wherever you are. That gift of yourself was given you to enjoy and share. Give yourself away! See it! Receive it! Let it tickle you! Let it inform you and nudge you and inspire you! **YOU ARE UNIQUE!**





## इतिहास के पन्नों में मेरा सफ़र-

जब मेरी शादी हुई तो मेरे घर वालों ने कहा कि तुम तो बहुत भाग्यशाली हो, तुम्हारा ससुराल माँ जानकी (सीता) की जन्म भूमि है, लेकिन मैंने अपने इतिहास की किताबों में पढ़ा था कि सीता जी का जन्म स्थान तो नेपाल का जनकपुर धाम है। जब मैं शादी के बाद पहली बार अपने ससुराल गयी और इस पवित्र भूमि को स्पर्श किया तो एक अलग सी अनुभूति हुई। उन्हीं यादों के पन्नों से कुछ बातें आपसे साझा कर रही हूँ।



भगवान राम की पत्नी सीता के जन्म और समाधि से जुड़ी दो जगहें हैं, इन दोनों ही जगहों को सीतामढ़ी के नाम से जाना जाता है। सीतामढ़ी की एक भूमि में माता सीता ने जन्म लिया था और दूसरी में मैया समा गई थी। जिस सीतामढ़ी में भगवती ने जन्म लिया, वह बिहार राज्य का जिला, आज भी माता सीता के नाम से ही जाना जाता है। यहां के लोगों का मानना है कि माता सीता आज भी यहां निवास करती हैं और अपने भक्तों की समस्त परेशानियों को दूर करती हैं।

रामायण के अनुसार, त्रेतायुग में एक बार मिथिला नगरी में भयानक अकाल पड़ा था। कई सालों तक बारिश न होने से परेशान, राजा जनक ने पुराहितों की सलाह पर खुद ही हल चलाने का निर्णय लिया। जब राजा जनक हल चला रहे थे तब धरती से मिट्टी का एक पात्र निकला, जिसमें माता सीता शिशु अवस्था में थीं। जिस जगह पर माता सीता ने भूमि में से जन्म लिया था, उस जगह का नाम सीतामढ़ी पड़ गया।

आज भी उस जगह पर एक जल कुंड है और ऐसा विश्वास किया जाता है की उस कुंड में स्नान करने से संतान की प्राप्ति होती है। यह एक अत्यंत ही रमणीक और पुण्य भूमि है। माँ जानकी की हम सब पर कृपा बनी रहे, इसी कामना के साथ मैं अपनी लेखनी को विराम देती हूँ। -अंजू जालान

## स्वप्न का एहसास-

कुछ अंजाना सा एहसास हुआ है मुझे एक स्वप्न देखा मैंने  
किसी अनजाने एहसास ने छुआ मुझे, आँख खुली तो सामने वही सब था।

फिर से लगता है आँख बंद कर लूँ उस एहसास को खो जाने ना दूँ।

क्यों वो इतना स्पंदन दे गया।

आज फिर स्फूर्ती से जीने का एहसास दे गया।

खोना नहीं चाहती वो स्वप्न इसलिए बार-बार आँखें बंद करने को मन करता है।

इसलिए बार-बार आँखें बंद करने को मन करता है .....

-मीनाक्षी अग्रवाल

